

NEWSLETTER 1

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Youth Innovative GBL Emotional Intelligence for Development of Sustainability Skills

August 2024



PROJECT ID: 2023-1-EL02-KA220-YOU-000160949



E.Σ.Υ.Ν



European Center for Research and
Regional Development



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PROJECT OVERVIEW

Our project is centered on empowering youth with the necessary skills and knowledge to foster a sustainable future. In today's rapidly changing world, the need for young people to adopt sustainability practices and develop emotional intelligence is more pressing than ever. By integrating these crucial elements with innovative game-based learning (GBL) techniques, our project seeks to create a dynamic and engaging environment where youth can learn, collaborate, and take action.

Through this initiative, we aim to enhance the capacity of youth workers and organizations in delivering impactful education on sustainability and emotional intelligence. This project will not only equip young individuals with practical skills but also inspire them to become active participants in the global effort to combat climate change and promote sustainable development. By fostering cross-sectoral collaboration and cultural exchange, we strive to build a more connected and resilient global community.



OBJECTIVES

Our project aims to equip young people with the skills and knowledge necessary to lead sustainable and socially responsible lives. We focus on enhancing sustainability skills, empowering youth to make informed decisions that benefit both the environment and society. By promoting emotional intelligence, we help them manage their emotions and empathize with others, fostering a compassionate approach to sustainability. Our innovative learning methods, such as experiential workshops, ensure that these concepts are taught in an engaging and impactful way. Additionally, we encourage cross-cultural collaboration, bringing together youth from diverse backgrounds to promote global understanding and cooperation. Ultimately, we aim to inspire active citizenship, motivating young people to take an active role in their communities and drive sustainable change.

ACTIVITIES

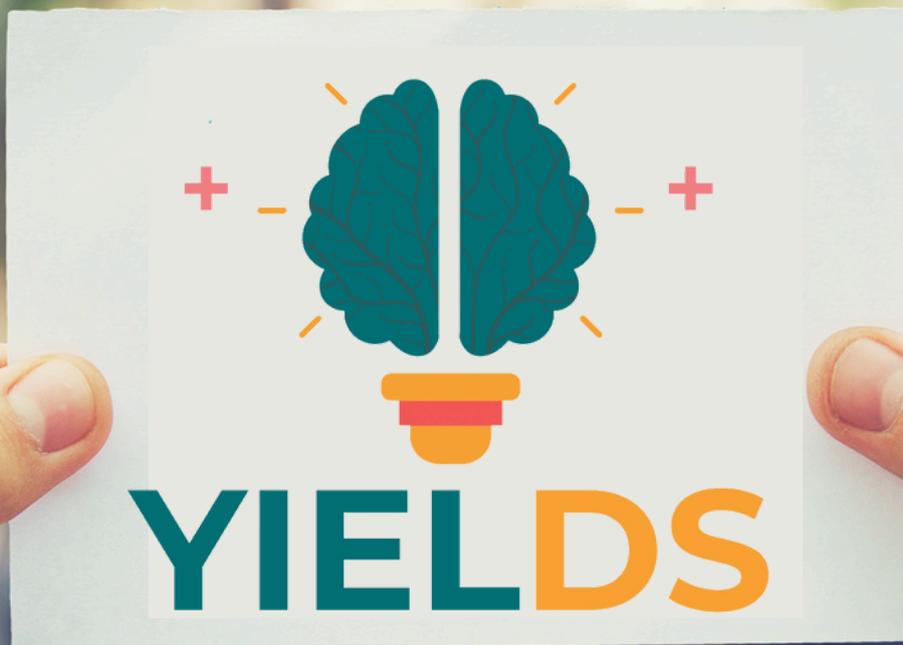
Our project includes a variety of activities aimed at empowering youth in sustainability and social responsibility. We will conduct Interactive Sustainability Workshops to teach practical skills like upcycling and energy conservation. Sustainability Hackathons will engage young innovators in solving real-world challenges through teamwork. Emotional Intelligence Bootcamps will help participants develop self-awareness and empathy, crucial for driving positive change. Through Cultural Exchange Programs, youth will learn about sustainability in different cultural contexts, promoting global cooperation. Sustainability Leadership Seminars will equip them with the skills to lead and advocate for sustainable practices. Finally, Community Sustainability Projects will allow participants to apply what they've learned in their own communities, creating real impact.

TARGET GROUP

1. **Youth Aged 15-29:** The primary beneficiaries of the project, these individuals will gain skills in sustainability, emotional intelligence, and leadership.
2. **Youth Workers and Educators:** They will be trained to deliver sustainability education and support the development of emotional intelligence among young people.
3. **Community Leaders:** Involved in implementing and supporting sustainability projects within local communities, ensuring the long-term impact of the initiative.
4. **Environmental Organizations:** Partnering with these groups will help to ensure that the project is grounded in current sustainability practices and that the outcomes are widely disseminated.



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